

LEGAL USE OF FORCE FOR THE LAW ENFORCEMENT PROFESSIONAL



**1 DAY SEMINAR
9:00 AM - 5:00 PM**

**INSTRUCTED BY:
ELY ALFONSO**

Law Enforcement professionals are constantly under scrutiny for the force that they use during the course of their duties. Now more than ever, it is critical that we provide officers with the knowledge, skills and abilities they need, so they safely and effectively do their job - to serve and protect their communities. All too often use of force is taught in fragments spread over various classes. That is not how use of force occurs in practice. This class is one of the only classes that teaches use of force as a practical application.

This course will strengthen the officer's knowledge of Supreme Court Case Law, the neuroscience of violent encounters and how it pertains to Law Enforcement, documentation of force used, the type of effective training needed for Law Enforcement and how to deal with the aftermath of a critical incident. The instructor will use interactive tools and activities to engage each officer while providing real examples of critical incidents to include group discussions. Each officer will be more confident in understanding their legal authority to use force, be able to articulate and justify the force used, all while understanding how to improve their mindset prior to a use of force encounter.

Elia Alfonso is a Police Lieutenant in Manassas, Virginia. She is a New Jersey native and a first-generation Cuban born in the US. Elia left John Jay College in her junior year to pursue a Law Enforcement career in Manassas, Virginia. Elia attended the Northern Virginia Criminal Justice Academy and graduated with the 101 st session in December of 1999. She was promoted to sergeant in 2006 and to lieutenant in 2012. She has been her agency's Defensive Tactics Program Manager since 2006. Elia has various certifications that are related to Use of Force such as Taser instructor, Force Science Analyst, In Custody Death Prevention, and ASP /Baton. Elia is a certified IADLETS instructor and Department of Criminal Justice Services (VA) instructor. Elia has also been a member of the Crisis Negotiations team since 2002 and the Team Leader since 2017. Throughout her career she has received numerous commendations, awards, valor award, a lifesaving award, and Officer of the Year in 2006.

Elia is currently in her 25th year of service and a Patrol Evening Shift Lieutenant. 20 of those years have been spent in Patrol, to say that patrol is her passion is an understatement and it is only second to all thing's defensive tactics. Elia has been an avid martial artist since she was 13 and is currently a student of Brazilian Jiu-Jitsu at Gracie Barra Princeton, where she has helped develop a BJJ course specifically for Law Enforcement.



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